

## Republika ng Pilipinas

## Ragawaran ng Edukasyon REHIYON V SANGAY NG MGA PAARALAN NG LUNGSOD NAGA

## **ADVISORY**

January 4, 2023 WELLNESS FRIDAYS (SDO Calendar January 2023)

Please be advised that for CY 2023 we shall be re-launching the Wellness Initiative of the Medical Section through various Wellness Activities every Friday, dubbed as Wellness Fridays.

This will begin on January 6, and will be held at 4:45 p.m. every Friday henceforth before the Lowering of Flag. The bell will signal the time for all personnel to come down from their offices for the activity.

Please be guided accordingly.

MARIANO B. DE GUZMAN CESO VI Schools Division Superintendent



DO 31, s. 2019 A

Address: Roxas Avenue, Triangulo, Naga City Telephone No.: 054-871-3455 Email Address: naga.city@deped.gov.ph Website: www.depednaga.ph

